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#### The Fish Philosophy

• Enables people to care about each other

- Energy & Morale
- Attitude & Accountability

• Creativity & Innovation

• Integrity & Trust









Have fun at work More creative Pleases customers & team members Boring tasks seem easier to do Time passes more quickly Work becomes a reward and not just a way to rewards

#### Be present!/Be There!

The past is history The future is a mystery Today is a gift That is why we call it the

present

#### Be present!/Be There!

- Be fully engaged in your work
- Take time to "smell the roses"
- $\circ\,$  Make the most of each day
- $\circ\,$  Let life have meaning for you
- Support your colleagues with a kind word, gesture, deed or shoulder to lean on

Be There

Describe the qualities of a **great** listener

# Be There

Focus on the moment Focus on the person Listen carefully Hear Pay attention

# How can you BE THERE for your friends/ co-workers?

#### Make Their Day

- Good for business
- Provides self satisfaction
- Change focus from problems to making a difference
- It is healthy, feels good
- Unleashes energy

Tell the person next to you about a time when someone made your day.

# Make Their Day

Give a "pat on the back" to someone here today



Choose Your Attitude It's a simple choice. Be positive

### Brain Drain

What can you do in the next 3 weeks to bring fun, joy, celebration, reward, and recognition to the people you know?

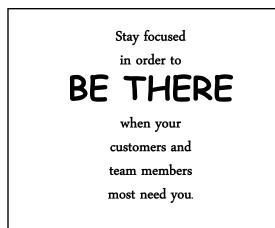
> As you enter this place of work please

choose to make today a great day.

Your colleagues, customers, team members, and you yourself will be thankful. Find ways to

# Play

We can be serious about our work without being serious about ourselves.



And should you feel your energy lapsing, try this sure-fire remedy: Find someone who needs a helping hand, a word of support, or a good ear-and

# Make Their Day!